



Beauty

# Baby love

Little ones deserve pampering too, says *Olivia Falcon*, and there are plenty of child-friendly options

If you're expecting to hear the pitter-patter of small feet on deck sometime soon, let us save you trouble and sleepless nights with some essential family-friendly intel.

Baby on board? Laura Sevenus, a top swimmer in her native South Africa back in the 1960s, is behind the **Baby Spa** (*yourbabyspa.com*) in Kensington, London: a must for all would-be water babies. Tinies as young as two days old – and up to five months – float in warm pools of purified water with a Bubby (a soft ring) attached around the neck to give them full range of movement in the water. The experience is said to stimulate swimming reflexes and even help with colic. Post-dip, babies are then pampered with a massage and the staff give you tips on how to do it right.

Moving on to toddler territory. This is a tricky time for families as the children might be too young to visit the spa but you're not. The key here is to drop anchor somewhere like **Forte Village Sardinia** (*fortevillage.com*), which cleverly entertains all generations. Newly arrived this summer is the children's wonderland, a miniature village with its own fire station, playhouses and supermarket. Adults can enjoy the newly revamped **Acquaforte Spa**, which has wonderfully medicinal seawater Thalasso pools and a range



of detox therapies. The new sports medical centre boasts an impressive roster of visiting professionals, such as back specialist **Prof Francesco Parra**, whose laser treatment has been used by tennis greats Novak Djokovic and Serena Williams. See him to get your spine realigned after carrying your small children around all day.

Finally, some suggestions for teens. If you've been left high and dry this holiday with children who need entertaining, head straight to **The Domes of Elouda** in Crete (*domesofelounda.com*). The hotel will arrange for you to drop anchor by its private beach and the kids can explore the **Soma** spa, which offers all manner of junior spa treatments for 5-16 year olds. On the menu: pedicures to coordinate with flip-flops and swimsuits, watermelon facials, mummy and me massages and all manner of hair styling, from French plaits to coloured extensions and hair straightening. Afterwards you may not recognise your newly *soigne* offspring.

## Kiddy kit...

**This Works Pillow Spray**  
£16 for 75ml

If the gentle rocking of the sea won't get baby to sleep, try this lavender, vetivert and wild camomile fragrance. [thisworks.com](http://thisworks.com)



**Zita West My Baba**

£29.95 for 180g  
Essential packing for fussy eaters, this multi-vitamin and multi-biotic is great for ages four and under. [mybaba.com](http://mybaba.com)



**Kiehl's Baby Lip Balm**

£8.50 for 5g  
Works wonders on chapped lips and even cracked nips – a must for small sailors (and their weary mothers). [kiehls.com](http://kiehls.com)



## A fresh start: five of the best kids' brands

### WASH WITH WATER

A new bath-time line from South Carolina super mom Stephanie Pascarella, who has filtered out all chemical nasties as well as oat and egg derivatives, which can irritate delicate skin. Ideal for allergy and eczema sufferers. [washwithwaterorganic.com](http://washwithwaterorganic.com)



### SOPHIE LA GIRAFE

An irresistibly cute line of Ecocert products inspired by the popular teething toy. The Protection Cream is an all-round beauty hero; use it as a make-up primer, lip balm, hand cream – babies are lucky if they get any! [sophielagirafecosmetics.com](http://sophielagirafecosmetics.com)



### BON POINT

It's hard to improve on the smell of a freshly washed baby, but Bonpoint has, with a range that features a deliciously fresh fragrance (orange blossom and Neroli) and non-greasy soft oil that's so good you'll want to dip into it, too. [bonpoint.com](http://bonpoint.com)



### MAD BEAUTY

A jolly range of grooming gifts inspired by vintage Kellogg's packaging. The cereal-themed lip balms are our favourite. You'll also find manicure sets, make-up bags (which make great stocking fillers for teens) and hand creams. [madbeauty.com](http://madbeauty.com)



### OLYMPIA'S SECRET

New kids' skincare that tackles eczema with a soothing non-sticky skin balm, cleansing wipes and "magic skin" bath milk that contains essences of rose to lull tiny terrors into a more mellow mood. Try the chewable Skin Jellies, too. [revital.co.uk](http://revital.co.uk)