

# get CRAFTY

LEONORA BAMFORD AND NANNY ANITA SHARE THEIR FAVOURITE SEASONAL ACTIVITIES AND DAYS OUT

**W**ith both Valentine's Day and Mother's Day on the horizon, there's no shortage of crafting going on in our household! Nanny Anita has been dreaming up ideas for Mother's Day presents, and we've been busy making love heart crystals for the children to hand out at school and nursery.

My idea of heaven on Mother's Day is breakfast in bed surrounded by my family, and my new obsession has to be this eggs on toast recipe with a twist. My son came up with this idea for heart-shaped omelettes and I could happily eat them every morning.

And finally, on a shopping note, there are so many amazing children's brands out there right now. This month I'll be heading to the new store of French label Bonton, which has just opened up on Westbourne Grove, to pick up some lovely pieces for spring. **1**



I'm mad about this old-fashioned felt mobile, which I have hanging over my youngest son's bed  
ORGANIC WOOL FELT MOBILE  
£35 HEDGEHOGSHOP.CO.UK



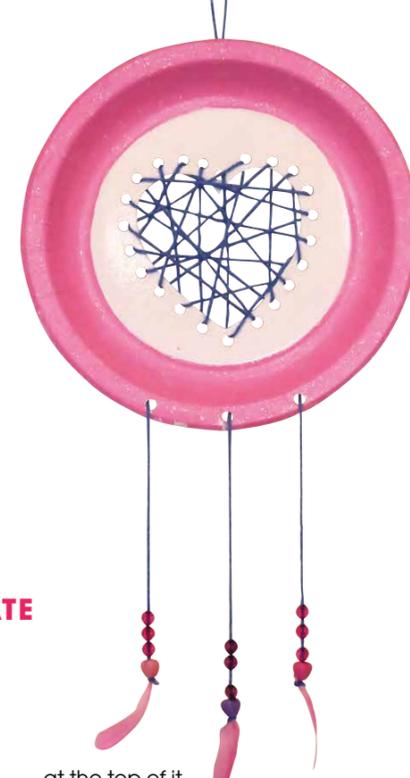
## VALENTINE'S PAPER PLATE DREAM CATCHER

You will need:

- paper plate • paint • paintbrush
- wool • hole punch • feathers
- beads

### Method

- Cut out a heart shape in the centre of your paper plate.
- Use the hole punch to make holes around the outside of the heart, plus three holes along the bottom of your plate, and one hole



at the top of it.

- Paint your plate and leave it to dry.
- Use wool to thread across the heart.
- Cut three lengths of wool and tie them to the holes that you made at the bottom of the dream catcher.
- Thread on the beads and feathers.
- Finally, add some wool to the top so you can hang it up by your bed.

## EASY EGGS ON TOAST

You will need:

- sourdough bread • 2 fresh eggs
- butter • ketchup • avocado and tomatoes (optional)

### Method

- While you whisk your eggs in the bowl, pop some sourdough bread in the toaster or on the grill.
- Heat a frying pan on medium heat and add a little oil or butter.
- Pour your whisked egg mixture into

the pan.

- After 30 seconds or so, flip the egg mixture over like a pancake and cook the other side.
- My children love using cookie cutters to cut the omelette into shapes. Why not use a heart-shaped cutter to add that extra special touch on Valentine's Day!
- Place your eggs on top of buttered toast and serve with ketchup or fresh avocado and tomatoes.



PHOTOGRAPHY: HELENE SANDBERG; PAUL BOYLING



## BOOK SWAP 2018

Although we're huge fans of technology at home, I do still think it's important for the children to read real books every day. This February, I'll be taking them along to the free London Children's Book Swap 2018 at the Artsdepot in North London, which looks really special. Kids across the capital get to share their pre-loved books and make space for some new favourites. Plus, there will be other bookish events going on throughout the day. Saturday 10 February, 11am to 4pm.

[artsdepot.co.uk](http://artsdepot.co.uk)

## HAND-DECORATED HANKIES FOR MOTHER'S DAY

You will need:

- plain cotton hankies • fabric pens

### Method

- Decorate the hankies using the fabric pens.
- Be sure to follow any washing instructions that the pens require before giving the present.

